



## EASY COMPOSTING CHEAT SHEET

### BENEFITS:

- Reduce your trash volume by 35% while eliminating kitchen odors!
- Reduce methane (a greenhouse gas more potent than CO<sub>2</sub>) in landfills.
- Inoculate biodiversity in your garden--pests and disease problems drastically decline!
- Save money by producing the best fertilizer on Earth: compost!  
Natural growth hormones, microbes, and nutrients found in worm castings bolster plant growth!
- Enjoy an EASY way to have a HUGE impact towards restoring our environment.

### 4 STEP WORM COMPOSTING:

- 1) Add 2x shovels of soil + 10x worms to your EcoUrban rodent-free, 45gallon compost barrel with aeration and drainage holes.
- 2) Add kitchen scraps "greens", cut with 30-50% "browns".
- 3) Roll your compost barrel weekly. Compost should be moist but not wet.
- 4) Balance: If gets too moist and smells like ammonia, add more "browns",  
If it's too dry and nothing seems to be breaking down, add more "greens".  
Troubleshooting: <http://cityofdavis.org/pw/compost/troubleshooting.cfm>

Tip: Keep your scraps in the freezer during warm months and dump weekly!

<u>Greens (Nitrogen Rich)</u>	<u>Browns (Carbon Rich)</u>
All Kitchen Fruit, Vegetable Waste, Breads	Shredded Newspaper, Paper Grocery Bags
Coffee Grounds	Shredded Cardboard
Pond Scum & Aquatic Plants	Paper towels (from food use only)
Leafy Green Yard Debris & Grass Clippings (cut w. "Browns" immediately!!!)	Woody Yard Debris (chop finely if possible), Dried Leaves
Horse Manure	Clothes or cloth scraps
Cheeses and Oils in Small Qtys OK	Dryer Lint & Hair

DO NOT ADD: Meat, Feces, Cleaning Products or "Compostable" Silverware. Shellfish do smell.